#### FOOD ENZYMES AND THEIR APPLICATIONS BA PART I, PAPER 1, Home science department, rmc sasaram

- III. Proteases
  - Enzymes that hydrolyze peptide bonds in proteins
- A) Papain (found in papaya)
  - Broad pH (3-11) and temperature stability
  - very popular for a variety of food applications
  - Broad spectrum protease active over a wide pH and temperature range
  - Papain molecule composed of single polypeptide (212 amino acids, a mass of 23,350 Da, pl of 8.9)
  - Actually represents four distinct proteases (four genes)
  - Papain, chymopapain, caricain, glycyl endopeptidase IV
  - Nearly identical size and similar pl
  - Activity is enhanced by reducing agents



### Applications of Papain

- 1. Used as a meat tenderizer on inferior meat cuts (can also use slice of pineapple on meat)
  - 1. The enzyme makes its way into the muscle and hydrolyzes connective tissue proteins and softens muscle
  - 2. Have to use low amount to prevent liquefaction of muscle
  - 3. If you mix raw papaya into Jell-O it will not form a gel
- 2. Dairy products (rennin replacement)
- 3. Leather industry (bating hides)
- 4. Textile and laundry (reduce wool felting and stain removal)
- 5. Beverage industry (beer clarifier)

5. Papain can be used to clear turbidity (chill haze) in beer

- When bottled or canned beer at <10°C, a haze can form
  - Interactions of proteins/polypeptides and tannins in beer
- This can be prevented using chill-proofing

 Protease (papain) added during post-fermentation maturation to hydrolyze the proteins/polypeptides to prevent large aggregates to form on cooling



B) Digestive proteases

- Trypsin & Chymotrypsin
  - Found in animal pancreas, and active at pH 7 9
  - Can cause quality problems in muscle foods if contamination from intestines occurs (e.g. ground products) → over-softening of the meat
  - They are often used to make protein hydrolysates for the food, beverage and the pharmaceutical industry
- Pepsin
  - Very acidic activity pH optima (pH 1.8), limits its use
  - Used in cheese making, chillproofing and also in making protein hydrolysates

## Digestive enzymes helps in digestion of food in our body



#### Major Digestive enzymes

Enzyme	Produced In	Site of Release	pH Level
Carbohydrate Digestion:			
Salivary amylase	Salivary Glands	Mouth	Neutral
Pancreatic amylase	Pancreas	Small Intestine	Basic
Maltase	Small intestine	Small intestine	Basic
Protien Digestion:			
Pepsin	Gastric glands	Stomach	Acidic
Trypsin	Pancreas	Small intestine	Basic
Peptidases	Small Intestine	Small intestine	Basic
Nucleic Acid Digestion:			
Nuclease	Pancreas	Small intestine	Basic
Nucleosidases	Pancreas	Small intestine	Basic
Fat Digestion:			
Lipase	Pancreas	Small intestine	Basic

- Chymosin (rennin)
  - Essential for the manufacture of good quality cheeses
  - Found in the fourth stomach of suckling calf's
  - Very expensive and "inhumane" to process now
  - So engineered into bacteria for mass production
  - Has a very specific activity
    - Hydrolyzes only one bond in κ-casein, one of the many proteins that make up the milk casein protein complex (κ-, α-, β-casein)
    - This breaks up the casein complex (micelle) and it aggregates leading to a clot, the first step in cheese production

- Most other proteases can initiate a milk clot like chymosin
- However they would continue the casein hydrolysis producing bitter peptides and eventually breaking the clot itself



**Figure 10** Schematic representation of events in clotting of milk. The  $\alpha_{s}$ ,  $\beta$ , and  $\kappa$ -caseins are shown by striped, stippled, and white balls, respectively. The involvement of Ca<sup>2+</sup>, attached to phosphate groups of the caseins, is not shown.

#### Coagulation of Milk by Rennet: Experiment

- Pipette 10 ml of milk into each of 3 test tubes.
- To two tubes, add ~1.5 ml of a 1% rennet solution, mix
- The 3rd tube will serve as a control. It contains no rennet
- Place one of the two tubes with rennet into water bath at ~37°C
- Observe the coagulation





#### Coagulation of Milk by Rennet: Experiment

• 1% Rennet Solution, No Heat



5 min



10 min







• 1% Rennet Solution, at 37°C

# Coagulation of Milk by Rennet: Enzyme Action

- An enzyme obtained from fourth stomach of ruminant animals, and from some microorganisms
- Cleaves particular bond in K-casein of milk to initiate milk coagulation
- Coagulates milk protein in cheese making
- Aids in development of flavor and texture in ripened cheese.
- Mild heat speeds up the enzyme reaction

### Application of food enzymes – Microbial Proteases

- C) Microbial proteases
  - Fungal & bacterial proteases are used in the food industry
  - Fungal proteases
    - Some have equal ability to form cheese, like chymosin
    - A protease cocktail from Aspergillus oryzae is used to partially break down bread proteins (glutens) to reduce mixing time and making them more extensible
    - Some are added to help with flavor and texture development and speeding up fermentation in fermented dairy products
    - Fungal proteases are also used to tenderize meat
  - Bacterial proteases
    - Subtilisin from *Bacillus subtilis*in is popular and is used in combination with papain in beer chill proofing